



NEWSLETTER

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IN MEMORIAM

Jens Andreassen

There are very few individuals in any profession who are known and revered around the world and whose impact will be felt long after their passing. This is the

case with Jens Andreassen, the father of modern Dental Traumatology who died on September 26, 2020, after a brief illness. He was 85 years old. The International Association of Dental Traumatology.

He received his dental degree in Denmark in 1959 and completed his training in Oral and Maxillofacial Surgery in 1969. He was a founding member of the International Association of Dental Traumatology in 1989 and was its president for twelve years. Perhaps his most important contribution to dentistry were his textbooks on Dental Traumatology, the first being published 1972 and it was added to and improved until the most recent fifth edition in 2018. In his own words he viewed the on-line Dental Trauma Guide to be his "life's work" and one that he sincerely wished to continue after he was gone. Dr. Andreassen tirelessly published, researched, lectured, and taught extensively across the entire world.

Dr. Andreassen, in an unusual but touching manner sent out a recent note to his "friends and colleagues" acknowledging the seriousness of his illness and recognizing that his life was coming to an end. He sincerely thanked all of his colleagues for "all these years of collaboration." This short note was remarkable that even under these circumstances, Dr. Andreassen was looking to the future and wishing that his life's work would continue. His final words included "I would like to invite you to keep up with researching and giving the best treatment to the millions of new trauma patients each year. That is the best gift you could give me." The note can be accessed at <https://dentaltraumaguide.org/news/jenslastgreeting/>. A note on his passing from Anne O'Connell, the current President of the IADT can also be seen on the IADT website at www.iadt-dentaltrauma.org

We of the Academy have been honored to have had Dr. Andreassen as our special guest and lecturer at our annual symposium in Charlotte, South Carolina. in 2007. In addition, who can forget the joint session of IADT and ASD in Boston in 2001. We can only wonder who will step up to continue the legacy of Jens Andreassen but with absolute certainty it can be said that he will never be replaced and that he will be missed many thousands around the world.

Officers, Board & Committees

Page 2

President's Message

Page 3

Editor's Report

Page 4

Member Profile Mike Pelke

Page 5

IADT Releases New Guidelines

Page 6

JCSMS Consensus Statement

Page 7

2021 DateSaver

Page 8

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**Dr. J. Don Harris tendered his resignation due to personal reasons. Dr. Jared Mosely was appointed to fulfill the remainder of the term.*

For a complete list of Committee Members, please visit the website;
<https://www.academyforsportsdentistry.org/standing-committees-liasons>



The Academy for Sports Dentistry, its Officers and Board, are not responsible for the opinions, views or statements made in any essay, discussion or in the proceedings which are presented in *The Academy for Sports Dentistry Newsletter*.

The Academy for Sports Dentistry Newsletter is published tri-annually for its members. Comments and suggestions regarding the newsletter should be directed to Dr. Steve Mills, Editor.

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Committment to Excellence

Hans Stasiuk, DMD

On August 8, 2020 I became the President of the Academy for Sports Dentistry. It has been a very humbling experience to think that my fellow colleagues, many of whom I don't know, had the confidence in me to lead the ASD for the next year. I would like to sincerely thank you so much for providing me the opportunity to be your president.

I am so honored to follow in the path of so many great Past ASD Presidents. They have all had a positive influence on me since I first joined the ASD in Minneapolis in 1996. It was my first ASD Symposium and the only one that I have missed since then was in 1997 when I got married.

It was so unfortunate that we weren't able to meet in person in Nashville this past June. There are four people who have had a strong influence on my Sports Dentistry path who I had planned to single out in Nashville. They are, in no particular order, Dr. Doug Lambert (Minneapolis), Dr. Enrique Amy (Ponce, Puerto Rico), Dr. David Kumamoto (Chicago), and Dr. Jack Winters (Findlay, Ohio). I wish to thank everyone else who has helped me to not only be a better Sports Dentist but also a better person.

I'd also like to thank my mother and my late father (who was a dentist) who have always been so supportive of me. My wife, Diane, and son, Andrew, provide me the strength and encouragement to keep going!

The past few months have been very challenging for all of us due to the pandemic. While it may seem at times that you are going through this situation alone, rest assured that we all feel the same way.

As Sports Dentists we are passionate about the Dental Profession and we love to help athletes as well as our patients. While we are still treating patients, most of us currently are not involved as Team Dentists because the majority of sports leagues have been cancelled for the foreseeable future. This doesn't mean that we need to stop learning. It is so important for us to continue to participate in continuing education programs. Our athletes will return to play some day and we need to be prepared!

The ASD hosted it first ever virtual Symposium and Annual Business Meeting on August 8, 2020. We were so fortunate to have had Dr. Glen Maron, an oral maxillofacial surgeon in Atlanta, share his wisdom on dental trauma with us. Over 115 people from 20 different countries participated in the symposium.

I'd to thank our current Past President, Dr. Jeff Laubmeier, for guiding us for the past year. I'd also like to welcome the new members to our board – Ms. Lesley Kupiec, Dr. Scott Stein, Dr. Byron Blasco and Dr. David Dowsett.

The ASD is so fortunate to have two great ladies working for us – Ms. Sandi Steil, Executive Secretary and Ms. Jan Aument, Symposium and Event Planner. Circumstances beyond our control led us to cancel this year's symposium; however, Jan has made arrangements for us to go to Nashville in 2022.

We would like you to mark your calendars for July 15-17, 2021 and meet us in Portland, Oregon for the ASD Symposium.

Thank you again for your support and I look forward to hearing from you!



Steve Mills, DDS

Editor's REPORT

Have Fun but Take it Seriously

How does someone get started with sports dentistry? Well, most of us have been connected to sports in our past either as a participant, perhaps as parent of an athlete or as a devoted fan. We love sports because of the competition, the excitement, the entertainment and, if we played, for the camaraderie with teammates. Sports are fun and sports dentistry allows us to combine our jobs with something we love.

When I began with the Academy for Sports Dentistry the fun and hobby aspect of it was the primary attraction. Our meetings consisted of a bunch of friends and like-minded dental professionals and others getting together sharing what we did and how we did it. Mouthguard fabrication techniques, ideas on dental trauma, and personal experiences with teams and athletes were shared informally. Most of our learning came as much from these little chats as from the programs. It was a new field, not even thought of as a unique niche of dentistry yet. Many of our founders were Dental School based but they were innovators and motivators of students more than scientists. There was science of course but it was basic in vitro things like material testing. Some very important articles and some public health messaging existed but truly not much of a dental literature on sports dentistry was available.

Life changed in 1991 when Dennis Rannalli

from the University of Pittsburgh assembled a group of authors to join him in the first Dental Clinics of North America that he edited. It introduced sports dentistry as a legitimate area for dental scholarship. The chapters of this volume were varied, and all were academically acceptable. A major result of this was to make the Academy for Sports Dentistry a player in the world of dental organizations and one other groups looked to for information.

Now Sports Dentistry is an accepted area of study in the same way as Sports Medicine is. We feel that we can be equal partners with all of the subspecialties in sports medicine and while we will never ask to be recognized as a specialty of dentistry, we can comfortably stake our claims to our own special niche. With this comes responsibility.

We have to take our niche seriously both scientifically and in our interactions within our own Academy as well as with other dental groups. Presentations at our meetings are usually varied and often fun but these now have to pass muster from and evidence based. Presenting information which is based on personal experience and innovations which are untested is no longer acceptable. Not only will it not be sophisticated enough, it will not allow us to continue to offer Continuing Education credits. In addition, our credibility is one of the main reasons that other organizations turn to us for our specific information.

As individuals we must also take ourselves seriously. This should be especially true for high level team dentists who are our most visible representatives of Sports Dentistry to the profession. This issue features Dr. Mike Pelke who has a widespread history of experience as a sports dentist and currently serves as the team dentist for the Minnesota Wild National Hockey League team. He epitomizes what a team dentist should be. He realizes that being a team dentist carries with it a responsibility to stay current with scientific trends, to be academically correct, and to present himself as a knowledgeable member of his sports medicine team. Just being a good

continued to page 8



Team Dentist PROFILE

Mike Pelke, DDS

The Academy for Sports Dentistry takes the designation of “Team Dentist” very seriously and has even published a set of Guidelines for the Team Dentist. While any qualified dentist can function as a Team Dentist, the ASD strongly believes that one must embrace and be knowledgeable about the particular and unique characteristics of sports dentistry as a unique discipline of dentistry. While many of our members do this, Mike Pelke embodies the Team Dentist Concept as well as anyone.

Mike has been a member of ASD since 2005 and lives in Minnesota. Graduating from the University of Minnesota Dental School in 2002, he currently functions as one of the team dentists for the Minnesota Wild NHL Hockey team, and in the past he has served as the dentist for the National League Lacrosse Minnesota Swarm, and the St. Paul Saints Baseball team. He works extensively with his local high school teams in Woodbury, Minnesota.

His interest in sports started like many of us, in his youth, playing many sports and he ultimately played Division 1 football for Drake University, in Des Moines, Iowa. Mike says that team sports taught him, discipline, teamwork, and a determination to succeed. He did however realize that his active athletic career was reaching an end but what he did not foresee was that he “was going to miss being part of a team.”

At dental school Mike was introduced to the connection of sports and dentistry through the prosthodontics department. This was a “brief section” although he did learn to make a custom fitted mouthguard. When he left dental school, he viewed sports dentistry as just a



part of what he was and what a general dentist should advocate for, not a separate entity of the profession. He did however see making mouthguards for local teams as a way to both advocate and improve business. “I enjoyed being the emergency sports dentist in the area, but still hadn’t made the connection to sports dentistry.”

That all changed when Mike met the late Dr. Mike Nanne, then the team dentist for the Minnesota Wild, who introduced him to the Academy for Sports Dentistry. According to Dr. Pelke, “Dr. Nanne had devoted much of his career to sports dentistry. His enthusiasm for the Academy was infectious. Before long I was a member and had completed The Team Dentist course. That was when the lightbulb went on for me. I found something that felt very much like that team camaraderie I felt playing college football. I was an essential member of a team again! I knew I found a home in the ASD.”

Mike listed several areas where his experience and training in sports dentistry sets him apart from other dentists. Specifically, he feels that his knowledge of dental trauma and his efforts to continually keep abreast of the best protocols are keys to his competence as a team dentist. Also, the elite athletes he treats are “always on time constraints” so treatment cannot be ideally scheduled when convenient to Dr. Pelke. These time considerations also often make it difficult to achieve ideal treatment immediately. Ultimately the athlete gets correct and excellent care but “often times the most reliable triage treatment is best to get a player through the season.... players

continued to page 6

Team Dentist Profile *continued from page 5*

certainly don't want to miss games for that reason either." He does feel that the Academy should continue the Team Dentist Course and he hopes "that completing this course will become the standard for any professional organization. It should certainly be a goal for any club wanting to establish a team dentist."

Dr. Pelke had some interesting comments on his specific work with NHL professional hockey players. It is his experience that about 60% of the players currently wear mouthguards a number which he feels has increased over the last several years. American and Canadian players who have grown up using mouthguards are much more likely to wear them than non-North American players. Each player seems to have a different fit style. It is important to create a guard which is protective and yet fits the athlete's preference or he will not wear it. Interestingly one player had his mouthguard replaced 23 times!! This was not due to destruction or chewing of the guard but rather the athletes desiring a new one to maximize his game.

Mike's final recommendations are nicely summed up in his own words, "First I would say that being a team dentist for a professional team is a huge commitment. I have missed family functions, left work early, stayed late, and spent a great deal of time managing my schedule. The best thing any dentist that wants to get involved can do is to be of service to your hometown. Contact the high school, middle school, or local athletic association. You will find that Sports Dentistry involves much more than fabricating mouthguards and treating dental trauma. As a volunteer team dentist, you are making a significant contribution to the oral health of the community. You are putting your name out there as an oral health advocate and furthering the principals that you were taught in dental school."

Dr. Pelke's commitment to the field of sports dentistry and his ongoing support of the Academy for Sports Dentistry show a true dedication to his individual practice of dentistry. We of the Academy are indeed lucky to have him as an active, generous, and devoted member.

IADT Releases New Guidelines

The International Association for Dental Traumatology has released its revised trauma guidelines (Dental Traumatology, May 30, 2020). These guidelines are the accepted best practices for the treatment of dental trauma and are endorsed by many organizations such as the American Academy of Pediatric Dentistry and the American Association of Endodontics. The documents are available at the website of the IADT (iadt-dentaltrauma.org)

in nine languages with more translations to come in the future.



**International Association
of Dental Traumatology**



Liran Levin
President-Elect, IADT
Chair, Guidelines Committee



Anne O'Connell
President, IADT

The IADT is proud to invite you to
a special **FREE** webinar:

Introducing the revised 2020 International
Association of Dental Traumatology Guidelines
for the Management of Traumatic Dental Injuries

Special remarks by:
Jens Ove Andreasen





Cecilia Bourguignon
Fractures and Luxations



Ashraf F. Fouad
Avulsion of Permanent Teeth



Peter Day
Injuries in Primary Dentition

Wednesday, August 5, 2020 @ 2 pm EDT
Please verify your local time

Supported by:



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IADT Released New Guidelines *continued from previous page*

There is an excellent free webinar available as well in which several of the contributors highlight the key changes from and additions to the previous guidelines, last revised in 2012. Perhaps the biggest change was the addition of a fourth section to the existing three: Treatment of Fractures and Luxations, Avulsions of Permanent Teeth, and Injuries in the Primary Dentition. The new section is titled the General Introduction and includes some areas which have not been designated in the past most notably a discussion of the Core Outcomes. It also has a new splinting overview chart for dental injuries.

The guidelines were a collaborative effort of many traumatologists from many different specialties. Each section had its own chairperson and Lira Levin, President Elect of IADT, was the General Chair of the Guidelines Committee. Dr. Levin has agreed to speak at the Annual Symposium of the ASD in Portland, Oregon in July of 2021. He is currently the Head of the Periodontology Division at the Faculty of Medicine and Dentistry, University of Alberta, Canada. He is also a visiting professor at the Harvard School of Dental Medicine, Boston, MA.

How ASD Signs on to Health and Equity Consensus Statement

The Academy for Sports Dentistry is one of 38 member organizations of the Joint Commission on Sports Medicine and Science (<http://www.jcsmsonline.org>). The mission of this commission is “to advance sports medicine by lacing together, through informal liaison and joint ventures, the nation’s leading organizations in sports medicine and sports science.” Member organizations include the American Dental Association, the NCAA, the American Academy of Pediatrics, the National Federation of State High School Associations and the American College of Sports Medicine. Being a member has enabled smaller organizations like the ASD to interact with larger and more recognizable groups and to create initiatives which might otherwise be both very difficult to achieve and visible to the general public. The Joint Commission does not itself issue such statements, but it strives to provide a place for other organizations to work together.

Twelve member organizations have come together to create a new document to address the current issues of racial equity and inclusion. This document is entitled “Moving Forward” A Consensus Statement on Health, Equity, Inclusion and Progress. The document is dated 28 August 2020, which was the 57th Anniversary of the March on Washington for Jobs and Freedom and Martin Luther King’s “I Have a Dream Speech”. It is also dedicated to the Memory, Life and Legacy of Rep. John Lewis.

The statement is in recognition of what was termed the “triple threat” of the deadliest pandemic in a century, the “massive economic and operational repercussions” of this and the “resulting harmful effects on health and well-being, particularly among the underserved, plus community tragedies that have elevated concerns about systemic racism and community public safety.” The document goes on the list fourteen actionable items which organizations or individuals are currently ongoing or can be initiated in the future “to make health and life better for all.”

Many of the other larger organizations of the Joint Commission may choose to issue their own similar statements. Smaller organizations and those who aim to show the cooperative nature of the statement use the Joint Commission to help create a framework for member organizations to work together. The Board of Directors of the Academy for Sports Dentistry voted to sign on to this cooperative consensus after it was brought to them by then Joint Commission liaison Jack Winters. There are currently twelve other organizations signed on to it including the National Strength and Conditioning Association, The International Society for Sports Psychology, the United States Center for Coaching Excellence, and the American Chiropractic Association of Sports Injuries and Physical Fitness. The complete consensus statement can be accessed at the Joint Commission website under the heading “News.”

Editor's Report *continued from page 4*

dentist and being available to athletes is no longer enough.

Sport dentistry and the Academy for Sports Dentistry is still fun. I love seeing everyone and I still learn a tremendous amount by talking with colleagues. When I talk to other dentists

and give lectures I still stress the enjoyment that the ASD brings me and what a great group of friends I see. We always need new members and all of us want to join something we will enjoy. But always remember that we must take this seriously and legitimately represent the world of sports dentistry.



Academy for Sports Dentistry 39th Annual Symposium July 15–17, 2021

RETURN TO PLAY

Athlete health and oral care in a new world

Athletes today face more challenges than ever!

As a team dentist, you can
help them return to play in a
post-pandemic world with
better health and safety

Highlights

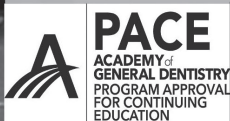
- Team Dentist Certification Course
- Presentations by leading industry experts on mouthguard innovation, and safety and wellness
- Hands on Workshops
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