



NEWSLETTER

VOL. 26, NO. 1

Be a Winner in Las Vegas

June 22 - 25, 2011



Photo courtesy of Jeffrey P. Hoy

President's Message

Page 3

To Be Your Very Best

Page 4

Nominated Slate of Officers and Directors

Page 5

Websites Forum Section

Pages 6-7

Changes to the Constitution and Bylaws

Page 8

Academy for Sports Dentistry 2010-2011

OFFICERS

PRESIDENT	Dr. Ray Padilla 14650 Aviation Blvd., Suite 150 Hawthorne, CA 90250
PRESIDENT-ELECT	Dr. Paul Nativi 1009 Berry Lane Edwardsville, IL 62025
SECRETARY	Dr. Hans M. Stasiuk Box 836 Portage la Prairie, Manitoba Canada R1N 3C3
TREASURER	Dr. Alexander Della Bella 7835 Remington Road Cincinnati, Ohio 45242
IMMEDIATE PAST PRESIDENT	Dr. Emilio Canal, Jr. 11465 Sunset Hill Road, Suite 600 Reston, VA 20190

BOARD OF DIRECTORS

ONE YEAR TERM 2010-2011

Dr. Jeffrey Lloyd 9310 Baseline Rd. Alta Loma, CA 91701	Dr. Jeffrey Hoy 3440 W. Lomita Blvd. Ste. 340 Torrance, CA 90505
---	---

TWO YEAR TERM 2010-2012

Dr. James Lovelace 115 E. First Street Hinsdale, IL 60521	Dr. Michael Nanne 675 Nicollet Blvd. E. Burnsville, MN 55337
---	--

THREE YEAR TERM 2010-2013

Dr. Richard Knowlton 102 W. High Street Elizabethtown, PA 17022	Ryan Salazar 10737 Camino Ruiz, Suite 145 San Diego, CA 92126
---	--

HISTORIAN

Dr. Jackson Winters
200 Lima Avenue
Findlay, OH 45840
Scarborough, ME 04074

2010-2011 ASD COMMITTEES

Constitution & Bylaws

Dr. Leslie Rye, Chair
Dr. Jeffrey Hoy
Dr. Emilio Canal, Jr.

Membership & Credentials

**Dr. Jeff Lloyd, Chair and
Board Liaison**

Dr. Robert Howarth
Dr. Andrew Arriola
Dr. Michael Rocklin
Dr. Richard Knowlton

Fellowship Sub-Committee

Dr. Richard Mariani, Chair
Dr. Enrique Amy, Board
Liaison
Dr. Emilio Canal, Jr.
Dr. Michael Messina

Publications

Dr. Stephen Mills, Co-Chair,
Newsletter
Mr. Ryan Salazar, Co-Chair,
Website
Dr. Emilio Canal, Jr., Journal
Dr. Melvin Choy

Research and Education

Dr. David Singh, Chair
Dr. David Kenny
Dr. Leslie Rye
Dr. Enrique Amy
Dr. Mark Roettger

Position Statements-

Sub-Committee

Dr. Leslie Rye, Chairman
Dr. Hans Stasiuk
Dr. Dave Kenny

Annual Session

Dr. Ray Padilla,
General Chairman
Dr. Dan Orr,
Local Arrangements Chair
Dr. Alex Della Bella
Dr. Emilio Canal, Jr.
Dr. Hans Stasiuk- Silent Auction
Dr. Paul Nativi
Ms. Shelly Lott

Nomination Committee

Dr. Emilio Canal, Jr., Chairman,
Immediate Past President
Dr. Ray Padilla
Dr. Paul Nativi

Student Affiliate Program

Dr. Regan Moore, Chair
Dr. Stephen Mills
Dr. Mark Roettger
Dr. Hans Stasiuk
Dr. Dave Kumamoto
Dr. Michael Robinson

Past Presidents / Strategic Planning

**Dr. Emilio Canal, Jr. –
Chairman, Past President**
Dr. Alex Della Bella
Dr. Stephen Mills
Dr. Mark Roettger
Dr. Enrique Amy
Dr. Brett Dorney
Dr. David Kumamoto

Special Olympics / Special Smiles

**Dr. Rick Knowlton, Chair
and Board Liaison**
Dr. Robert Howarth
Dr. Lily Lim

Fundraising Committee

Dr. Jim Lovelace, Chairman
Dr. Paul Nativi
Dr. Jeff Lloyd
Dr. Ray Padilla
Mr. Ryan Salazar

Ad Hoc Committee – Code of Ethics

Dr. Jeffrey Hoy, Chair
Dr. David Kumamoto
Dr. Whitney Johnson

Development Committee with International

Association of Dentistry.
Sport and Trauma:
Dr. Emilio Canal, Jr., Chair
Dr. Paul Piccininni

Ad-Hoc Committee –

Seal of Approval

Dr. Paul Nativi, Chairman
Dr. James Lovelace
Dr. Emilio Canal, Jr.
Dr. Ray Padilla



The Academy for Sports Dentistry, its officers and Board, are not responsible for the opinions, views or statements made in any essay, discussion or in the proceedings which are presented in *The Academy for Sports Dentistry Newsletter*.

The Academy for Sports Dentistry Newsletter is published tri-annually for its members. Comments and suggestions regarding the newsletter should be directed to Dr. Steve Mills, Editor.

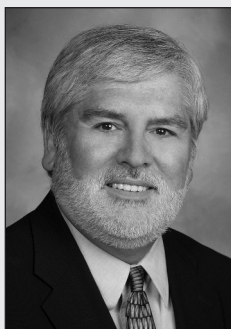
EDITOR

Dr. Stephen Mills
300 Technology Dr.
Enterprise Park
Scarborough, ME 04074
OFF: 207.883.4203
Fax: 207.833.9068
Email: LMills5977@aol.com

MANAGING EDITOR

Mary Byers
315 Bristol Rd.
Chatham, IL 62629
OFF: 217.483.8836
FAX: 217.483.4161
Email: marybyers@comcast.net

ACADEMY WEBSITE:
www.academyforsportsdentistry.org



Dr. Ray Padilla

P R E S I D E N T ' S M E S S A G E

Win in Vegas with the Team Dentist Course

It has been six months since our last symposium in Washington D.C.. I felt it was one of the best meetings we have ever had. The information presented gave us a lot of food for thought--some basic established protocol, some controversial. I feel this is all essential for the ASD to continue to be the focal point of knowledge in athletic orofacial trauma treatment and prevention. Now we are preparing for our next meeting in Las Vegas in June. This should again prove to be another special meeting. Yes, we continue to have the best speakers on all related sports dentistry topics, but this year's meeting is especially distinctive because it will be the only meeting where you may obtain your team dentist training certification. Some professional organizations such as Major League Soccer (MLS) now require their team dentists to be ASD Team Dentist Certified as a prerequisite for being a team dentist for their league. Hopefully in the future other professional and collegiate organizations will require the same certification.

I am often asked what a dentist needs to be familiar with to become a team dentist. It sometimes involves topics not usually covered in dental school or other CE courses. A team dentist works closely with the team athletic trainers, orthopedic surgeons and physicians as many of the injuries are interrelated and interdisciplinary. How can we best serve the athlete in these situations when they are injured, as their livelihood may depend on their participation? How can we help prevent orofacial injuries? During treatment, how can we not jeopardize the well being of the patient, yet get them back to participation as soon as possible? What are the best mouthguards to wear and what are the different designs for each sport

and level of competition? What about doping control and what is legal or illegal when it comes to medications? All these questions will be answered in our team dentist course and our general meeting.

I look forward to seeing all our members in Las Vegas. This year I would like to challenge all the regular attendees to bring another dentist who may have team dentist or sports dentistry aspirations. Adding sports dentistry to their private practice is a great way to increase productivity and provide a service most offices do not offer. There are many teams and NCAA institutions that do not have team dentists. This symposium will be of great benefit to them. Let's double the attendance.

See you in Las Vegas!!

Academy for Sports Dentistry Position Statement on the use of Mouthguards and other Oral Appliances for the Prevention of Concussion and Enhancement of Strength and Performance

The Academy for Sports Dentistry has not yet (2011) identified any sound, independently peer-reviewed, published scientific research which either supports or refutes the wearing of any type of mouthguard or oral appliance for concussion prevention, or athletic performance and strength enhancement. The Academy for Sports Dentistry supports continued and future scientific dialogue and research which has been substantiated by sound, peer-reviewed independent scientific data published in credible journals.



Steve Mills, DDS
Editor

Editor's Column

To Be Your Very Best

You are a good dentist. You have just completed a complicated case for a very appreciative patient. Your patient feels great, looks great and is going to tell all of her friends how wonderful you are. One of the patients who is told is an executive with the local professional sports franchise. When you first meet, he is impressed with you and asks if you like sports and would consider being the team's dentist. You have always loved sports and you would love to be involved with this team. You've never been involved with high-level athletes before but you are a good dentist and you're sure that you can pick up what you need. You accept the position of Team Dentist.

Then it hits you. Am I supposed to be responsible for the general dental health of the players? Will I be "on call" a lot or will I just have to go to the games? What are the chances that my players will get injured and have I really kept up on the appropriate injury treatment protocols that are currently accepted? What if my player wants to go back in the game after an injury? Either before or after an accident occurs, do I really know which oral protective device is best for my players and my sport? How am I supposed to have emergency equipment available at the arena and what do I need?

The modern sports medicine team is much more complex than many people realize. This team is not just made up of a certified athletic trainer and a team physician. Specialists such as strength and conditioning experts, sports psychologists, nutritionists, rehabilitation specialists, dermatologists, plastic surgeons, neuropsychologists and massage therapists all interact on the team along with internists and orthopedic surgeons. The specific team members are experts in their particular specialties but also

know how their specialties relate to sports and the players. The team dentist is expected to be just as much of an expert.

So who can help you out? Who can tell you what to do before the season gets started? What kind of emergency kit do you need? Where is a good place to get your trauma information? What kind of mouthguards should you give to your players and do you have to make them yourself? Can mouthguards really prevent concussions and what about those performance claims? Finally, what's it like dealing with athletes? What does an athletic trainer do? Can you do this?

The Academy for Sports Dentistry is here to help you. The Academy has many members who have functioned as team dentists at many levels of sports for many years. One of these elite team dentists, Dr. Emilio Canal of Reston, Virginia, the immediate past president of the Academy, decided last year to resurrect the Team Dentist Course, which the Academy initiated in 2002. The course will be available as a full-day course on the Wednesday prior to the Annual Symposium in Las Vegas on June 22, 2011. There are plans to make it available as a DVD series in the near future.

Since this is supposedly an editorial and I get to give my opinion, I now get to say that I, and many of my Academy friends, bristle at least, if not get just plain annoyed, when people who call themselves team dentists don't take the time to be involved with the Academy as the formal arm of the niche area of sports dentistry. If someone is supposed to be a team dentist what other way is there to legitimize your status other than being a member of the foremost organization in sports

Continued on next page

To Be Your Very Best

Continued from previous page

dentistry and by completing the team dentist course? In fact, Dr Canal has been instrumental in making it a requirement for team dentists involved in major league soccer here in the United States that all of these dentists must be members of the Academy and all must have completed the Academy's Team Dentist course.

Good dentists who have become team dentists have called me and asked my opinion on where and how to get mouthguards to their players. I have been asked how long to splint teeth after various injuries. I have been asked how to make a

mouthguard for an athlete after a significant dental injury. These are reasonable questions but a good team dentist should have answers for them before becoming a team dentist. Being a good dentist is a prerequisite for being a team dentist but it is not enough no matter how you became involved with a team.

I would agree with Dr. Canal that some sort of requirement should be achieved before a dentist is given the responsibility of being a team dentist. This mandate is not going to happen right away and until it does I plead with all of you who seek to be team dentists to take this course and become active members of the Academy.



Academy For Sports Dentistry Nominated Slate of Officers and Directors

2011-2012 Officers

President	Dr. Paul Nativi
President-Elect	Dr. Jeffrey Lloyd
Secretary (Three year term – June 2014) First year of a three year term	Dr. Jeffrey Hoy
Treasurer (Three year term – 2012) Third year of a three year term	Dr. Alexander Della Bella
Immediate Past President	Dr. Ray Padilla

Board of Directors

One Year Term 2011-2012	Dr. James Lovelace	Dr. Michael Nanne
Two Year Term 2011-2013	Dr. Richard Knowlton	Mr. Ryan Salazar
Three Year Term 2011-2014	Dr. E. Jan Chithalen	Dr. Michael Robinson, III

ASD Members Urged to Use the Websites' Forum Section

The Academy for Sports Dentistry has made improving the organization's website a priority over the last several years. Under the direction of Mr. Ryan Salazar, the website has become much more useful to the membership and the general public.

One feature of the website which seems to be potentially very useful and yet is under-utilized is the "Forum" section of the "members only" section of the site. This section gives members the opportunity to pose questions, post announcements, or to simply editorialize about anything to do with sports dentistry.

Some of the topics which have been discussed in recent months are: what to do with discolored incisors, questions about the upcoming Team Dentist Course, how to place logos or decorations on mouthguards, and several postings about performance enhancing intraoral appliances. This section gives members a chance to interact with the entire membership of the ASD. It is new, however, and it seems that many members do not routinely check the Forum. In fact, executive secretary Shelly Lott estimates that only 40% of the membership has even registered to be able to create the username and password necessary to login to the members only segment of the website.

Dr. Whitney Johnson of Berkeley, California, a longtime member of the Academy, is a frequent contributor to the Forum's "conversations." He feels that "The ASD website should be considered THE 'off season' (the time prior and after the annual symposium) source for ASD and sports dentistry info....the Forum is a great way for members to ask questions. I try to encourage its use with each of my replies."

The way to access the forum section is very simple. The ASD website is www.academyforsportsdentistry.org. After entering the site you login to the members only section by clicking on the padlock icon, and then entering your user id and password. You must register to create your password and username. Firefox or Internet Explorer are the recommended browsers when

registering. The following are the instructions for registering:

1. Please add web@academyforsportsdentistry.org as a contact in your email system or if you have spam filters, include web@academyforsportsdentistry.org in the safe list. This will help prevent any necessary emails coming from the website from accidentally being placed in junk folders, etc.
2. Go to <http://www.academyforsportsdentistry.org/Home/Registration/tabid/83/Default.aspx> to begin the account creation process. Fill in the necessary information such as username, password, valid email address, address etc. Note: When creating a user name, please avoid using spaces and special characters such as #, %, etc.
3. Once the registration form has been completed, you will receive an email to verify your account (please allow a few minutes for email to be sent). The email will include your username, password, verification code along with instructions and a link to complete the registration process. After your account has been verified you will then have access to exclusive sections of the site. Now that you are a verified user please create your Team Dentist Search Listing so people looking for services you provide can locate you and get more information. Watch the video tutorial on creating your <http://www.academyforsportsdentistry.org/tutorials/AddingTeamD>.

After accessing the members only section, place the cursor on the "Team Dentist Community" section on the header bar. In the list which then appears, click on the "Forums" section. There will be two segments shown: the General Discussion Section and the Leadership section. The general area is where member-driven conversations are held.

In the past when anyone, member or not, had a

Continued on next page

Websites' Forum Section

Continued from previous page

question or a circumstance for which they wanted advice, the only recourse was to contact individual members, the Board of Directors or executive secretary Shelly Lott. By using the Forum it is possible that hundreds of other members will be able to engage on an individual topic. The personal interaction between members of our small but tight-knit organization has always been one of the strongest benefits of membership.

With the Forum section, members have the ability to utilize this benefit all year and whenever the necessity hits. It also gives members a chance to weigh in on a variety of subjects.

The Academy strongly urges all members to become frequent and regular visitors to the Forum section. Many sports dentists have opinions on every aspect of sports dentistry. The Forum section can become a pleasant and useful addiction for all active sports dentists. A once-a-week (or more) appointment with the Forum should be a regular activity for all members.



Academy for Sports Dentistry 29th Annual Symposium

June 22-25, 2011



**Green Valley Ranch Resort,
Spa and Casino
Henderson, Nevada
(866) 782-9487**



The Symposium will be held at the fully appointed Green Valley Ranch Resort and Spa – mere minutes away from the legendary Las Vegas Strip. Green Valley Ranch Resort combines the excitement of 24-hour entertainment with the pampering personal luxury of a world-class spa and relaxation destination. Elegant decor and accommodations, world-class cuisine and entertainment, uniquely personal touches that embody a truly singular commitment to client comfort – these amenities are the soul of Green Valley Ranch. This magnificent resort attends to its guests with unspoken special touches and an impeccable service philosophy. We have combined these standards with the grandeur of our grounds and facilities. Our elegant decor and accommodations, world-class cuisine and lively entertainment create an exciting experience for the senses.

Highlights will include:

Team Dentist Course

**June 22, 2011
8:00 am- 5:00 pm**

Hands on Athletic Mouthguard Fabrication Workshop

**June 25, 2011
1:00 pm–5:00 pm
Brett Dorney, BDS, FASD / Ray Padilla, DDS, FASD**

Symposium Presentations

*Optimizing Craniofacial Form and Function Using
Epigenetic Orthodontics*
G. Dave Singh DDSc, PhD, BDS

Maxillo Facial Surgical Issues Related to Orofacial Injury
Daniel Orr, DDS, PhD, JD, MD

Dental Trauma: Optimizing the Outcome
Jeffrey Hoy DDS, FASD

Symposium Presentations (cont.)

*Major Cosmetic Reconstruction of Anterior Traumatized Teeth
and Sports Drinks and Their Effect on Dentition*
Brett Dorney, BDS, FASD

Possible Relationship with Occlusal Positions and Concussion
Gerald Maher, DMD, FAHNP

Mouthguards: Past, Present and Future
David Kumamoto, DDS, MS, FASD

*Medical Head and Neck Injuries Associated with
Orofacial Injuries*
Mickey Mellman, MD

Spit Tobacco: What's Occurring Under the Radar
John Wisniewski, DMD, MS

Dental Trauma Review of 2010 Vancouver Olympic Games
Paul Piccininni, DDS, BSc, FASD

Please watch our website for additional information as it becomes available
www.academyforsportsdentistry.org or call (217) 227-3431



**Mark your calendars!
This is a meeting that you won't want to miss!**

Photos courtesy of Jeffrey P. Hoy, Las Vegas Convention and Visitors Authority and Green Valley Ranch Resort



Changes to the Constitution and Bylaws of the Academy for Sports Dentistry

The Constitution and Bylaws Committee brought several motions to the Board of Directors at the December 2010 board meeting amending the Constitution and Bylaws. The Board considered these amendments and voted to bring them to the membership for a vote at the annual meeting in June 2011. In accordance with Article XIII Section 1 of the ASD Constitution, any changes to the constitution must be published in the official publication of the ASD (The Newsletter of the ASD) "at least 60 days prior to the Annual Session of the Academy. The amendments are listed below. The additions are highlighted by bold print and any deletions are shown by the strikethrough marks.

CONSTITUTION

ARTICLE VIII - NOMINATIONS AND ELECTIONS.

Section 2. Nominations by Petition.

Additional nominations may be made by petition, signed by five active members of the organization and the nominee and received by the Executive Secretary, at least fourteen days before the annual **business** meeting at which the elections take place.

ARTICLE XIII - AMENDMENTS TO THE CONSTITUTION.

Section 2. Voting Procedure.

Amendments may be proposed by the Board of Directors on its own initiative, or upon petition of any five regular members addressed to the Board **14 days prior to the annual business meeting.** All such proposed amendments shall be presented to the membership with or without recommendations **and voted on at the annual business meeting.**

BYLAWS

CHAPTER VIII: ELECTIONS

Section 2. Nominations.

Nominations made in accordance with **Article VIII, Section 1 of the Constitution,** ~~Chapter IV, Section VII,~~ shall be made by the

nominating committee whose list of recommended candidates shall be published and distributed to the membership prior to the annual official session **business meeting.** Nominations may also be made **in accordance with Article VIII, Section 2 of the Constitution** by ~~any active members of the organization~~ **petition** provided ~~that~~ such nominations are made in writing, signed by **five active members and** the nominee, ~~endorsed by two other active members, and delivered.~~ **The petition must be received by the Executive Secretary five fourteen days prior to the start of the annual business meeting at which the election takes place in advance of the election.** The list of all proposed candidates shall be posted by the **Executive** Secretary in a conspicuous place at the annual ~~official session~~ **business meeting.**

Section 3. Voting.

Election of officers shall be made by acclamation or written ballot **of those members in attendance at the annual business meeting,** voted either separately or by inclusion of the entire slate of officers. However, any office involving a contest shall be voted separately. The candidate receiving a majority of votes cast shall be declared elected. Voting by written ballot shall be mandatory if requested by any single member who is present at the meeting and entitled to vote. The Board of Directors may authorize an election by mail ballot.